

See FH&C ICS P&EoLC Plan on a Page on the website <https://www.frimleyhealthandcare.org.uk/living-here/compassionate-end-of-life-care/> and P&EoLC Landing Page on DXS

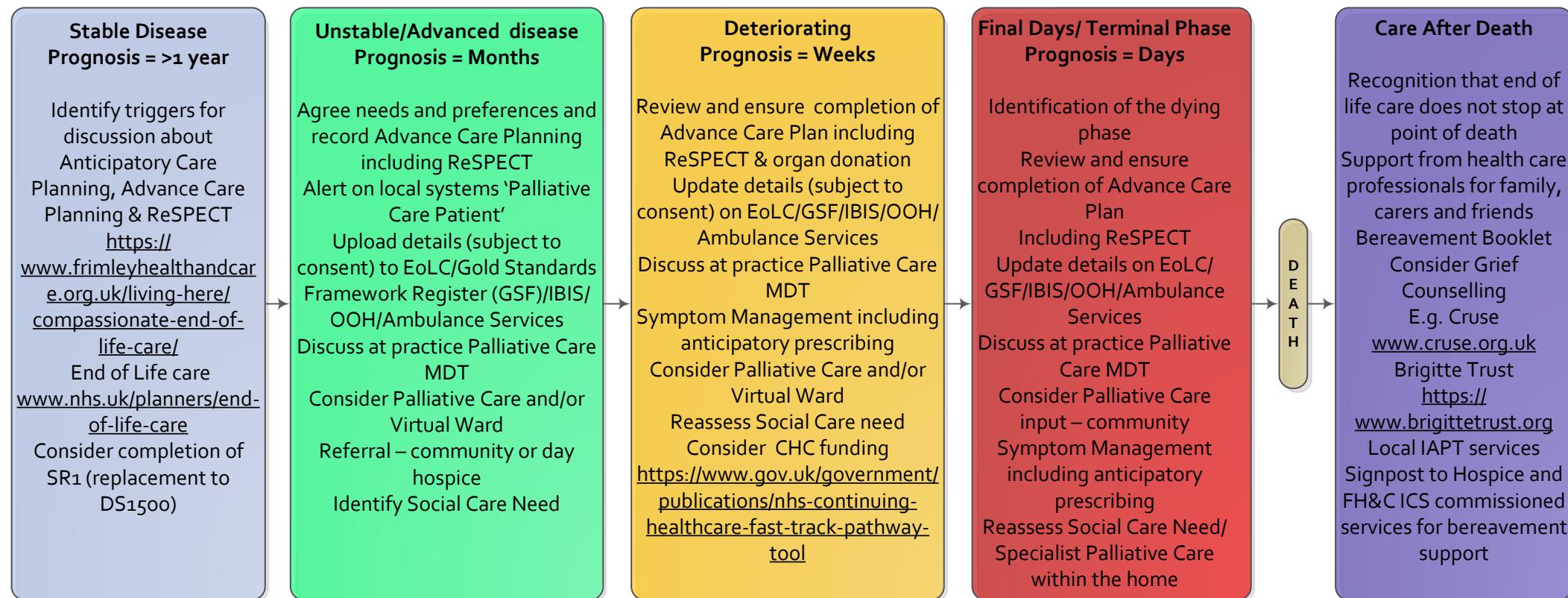
## Last Year of Life Route Map 2023

Cancer – Advanced and/or Metastatic Disease

Non-malignant Disease – Advanced, progressive and incurable E.g. Dementia, Long Term Condition, organ failure or Frail Elderly

### Triggers suggesting that your patient is nearing the end of life:

Surprise question - Would you be surprised if your patient were to die in the next 12 months? Looking for general indicators of decline – deterioration, increasing need or choice for no further active treatment, Look for specific clinical indicators of a deterioration in specific Clinical Conditions (see prognostic indicator tools). Ensure there is appropriate and effective communication with patient and family at all stages of assessment and care provision.



All Palliative & End of Life Care information available on the DXS P&EoLC Landing pages and FH&C ICS Website

Support & information for Patients, Carers & Families (NICE Guideline 2020) and FH&C ICS Booklets for Families & Bereavement and Guide to reaching communities

Signpost to local/online resources & Spiritual Care Services as required