

Frimley Health and Care



Online Community Panel



# Flu vaccination survey results

Survey duration: 29 September – 10 November

Total responses received: 190



# Flu Vaccination Survey

This survey was designed to help us better understand:

- how aware people are of the flu vaccination
- eligibility criteria for free vaccinations via the NHS
- likelihood of receiving a vaccination this year
- views and feedback on why people feel the vaccine is important and any reservations that people have about receiving it

The results of the survey will be shared with the teams responsible for developing the vaccination programme in Frimley.

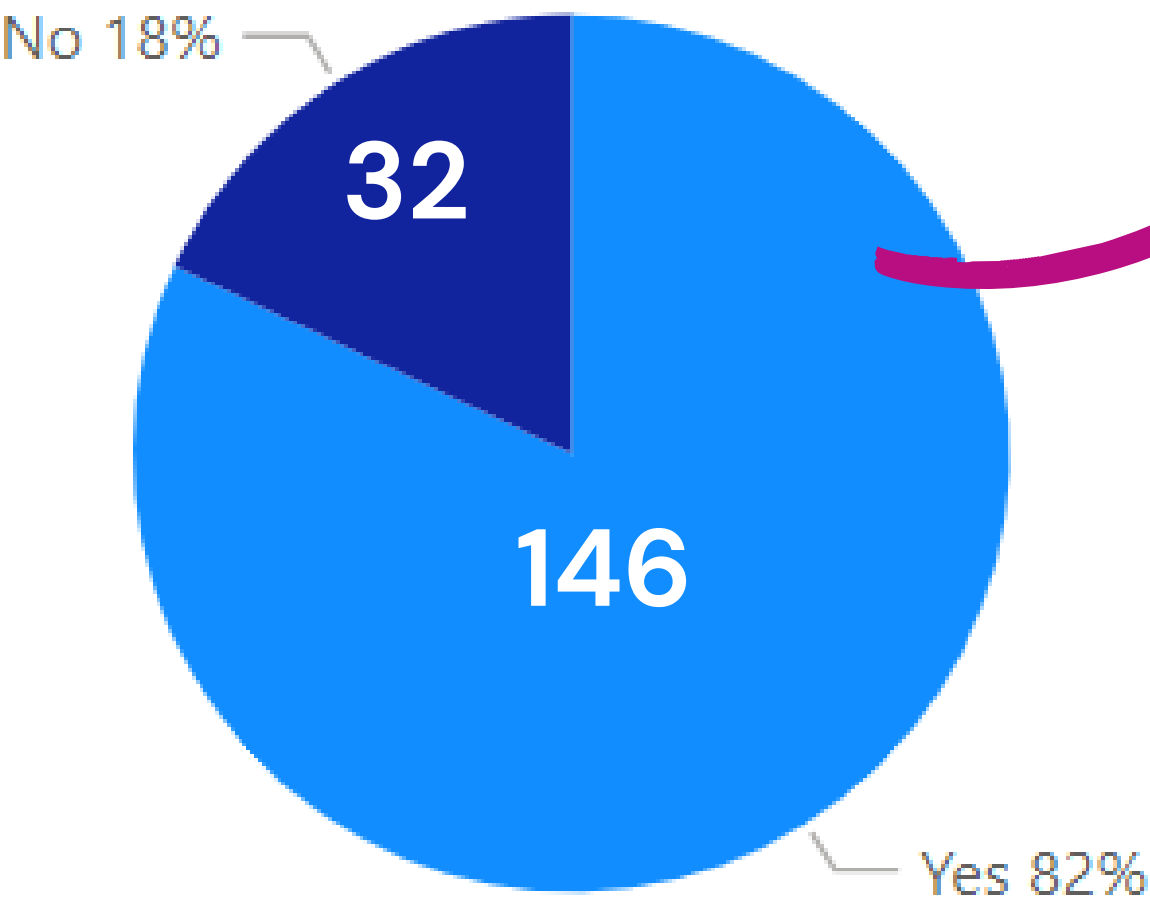


## Did you know...

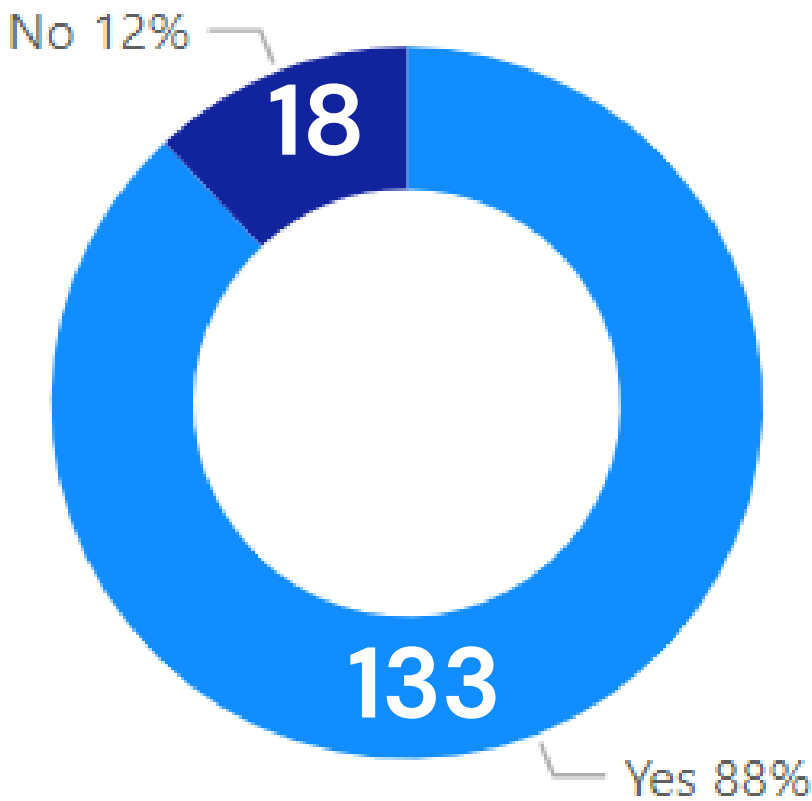
- If you had the flu vaccination last year, you need another one this year.
- The flu viruses can change from one winter to the next. Flu vaccines are updated for each winter to give protection against the strains of flu that are most likely to be going around. For this reason, we strongly recommend that even if you were vaccinated last year, you should be vaccinated again this year.
- Also, protection from flu vaccination goes down with time so even if some of the strains are the same you should have a flu vaccine again each flu season.
- The vaccine should provide protection throughout the current flu season.

# Survey results summary

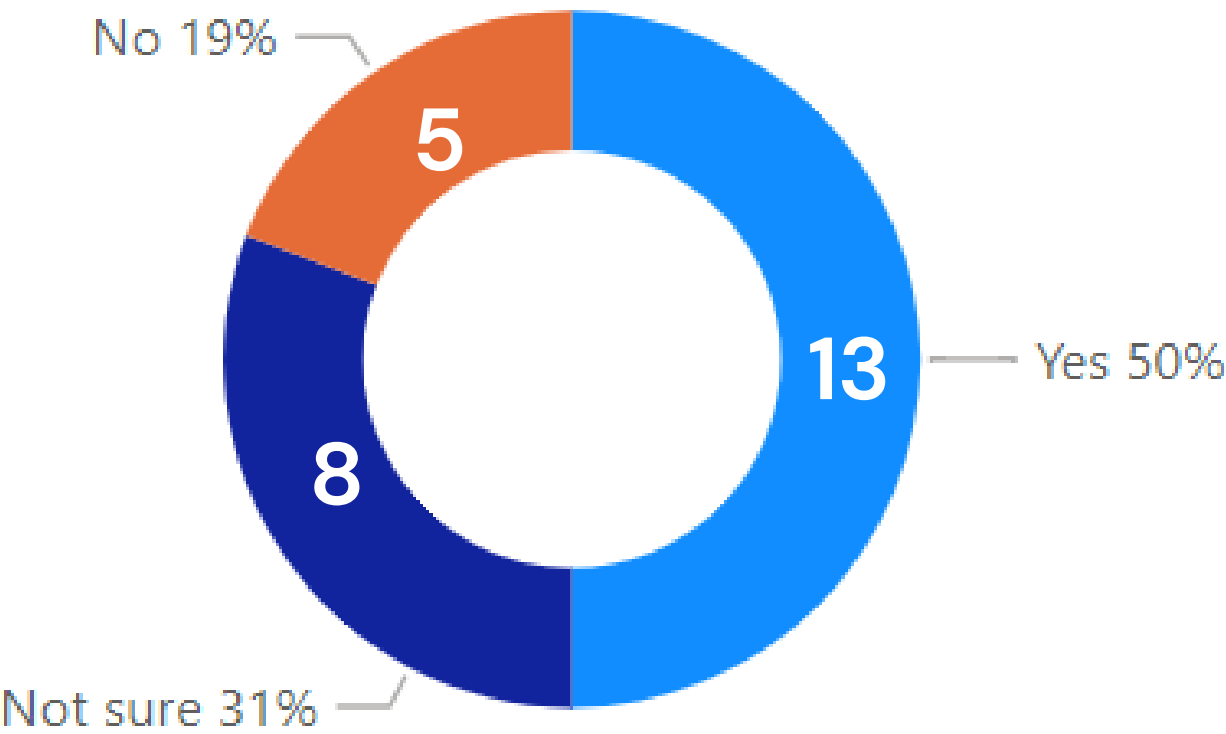
Are you entitled to the free flu vaccination?



Will you take up the offer for a free flu vaccination?



Of those not entitled to a free vaccination we asked: Are you considering getting the flu vaccine using a private service?





# What does getting your flu vaccine mean to you?

A summary from 121 comments

It means I can get out into the community for activities and know that if I catch the flu it won't be quite so severe.

Increases my immunisation against Flu. Protects my vulnerable family members and protects me.

It's an important health protection step each year.

Peace of mind.

Reassurance that I hopefully won't be as ill as last year.

As a COPD sufferer, I will do all I can to protect myself from chest infections.

I have had the vaccine every year for the past 20 years at least. It means that I remain fit and well and able to go about my plans throughout the year.

An important way to keep myself well this winter

**Of those entitled to the free flu vaccination but not planning on receiving it shared the following:**

**A summary from 16 comments**

I'm concerned about the possible side effects

I prefer not to have it

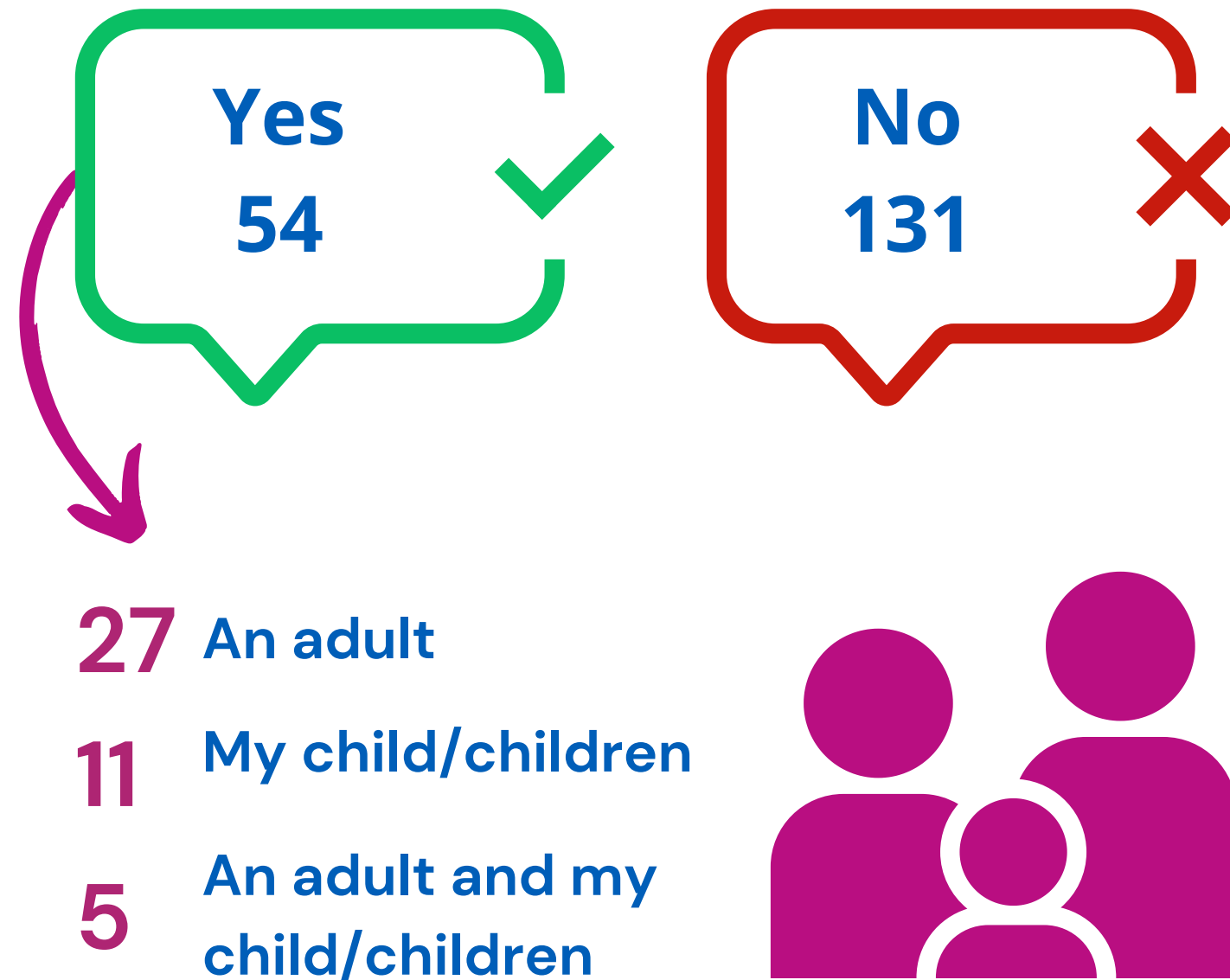
Some people I know have the flu vaccine and then feel poorly for a week or so.

I don't like needles

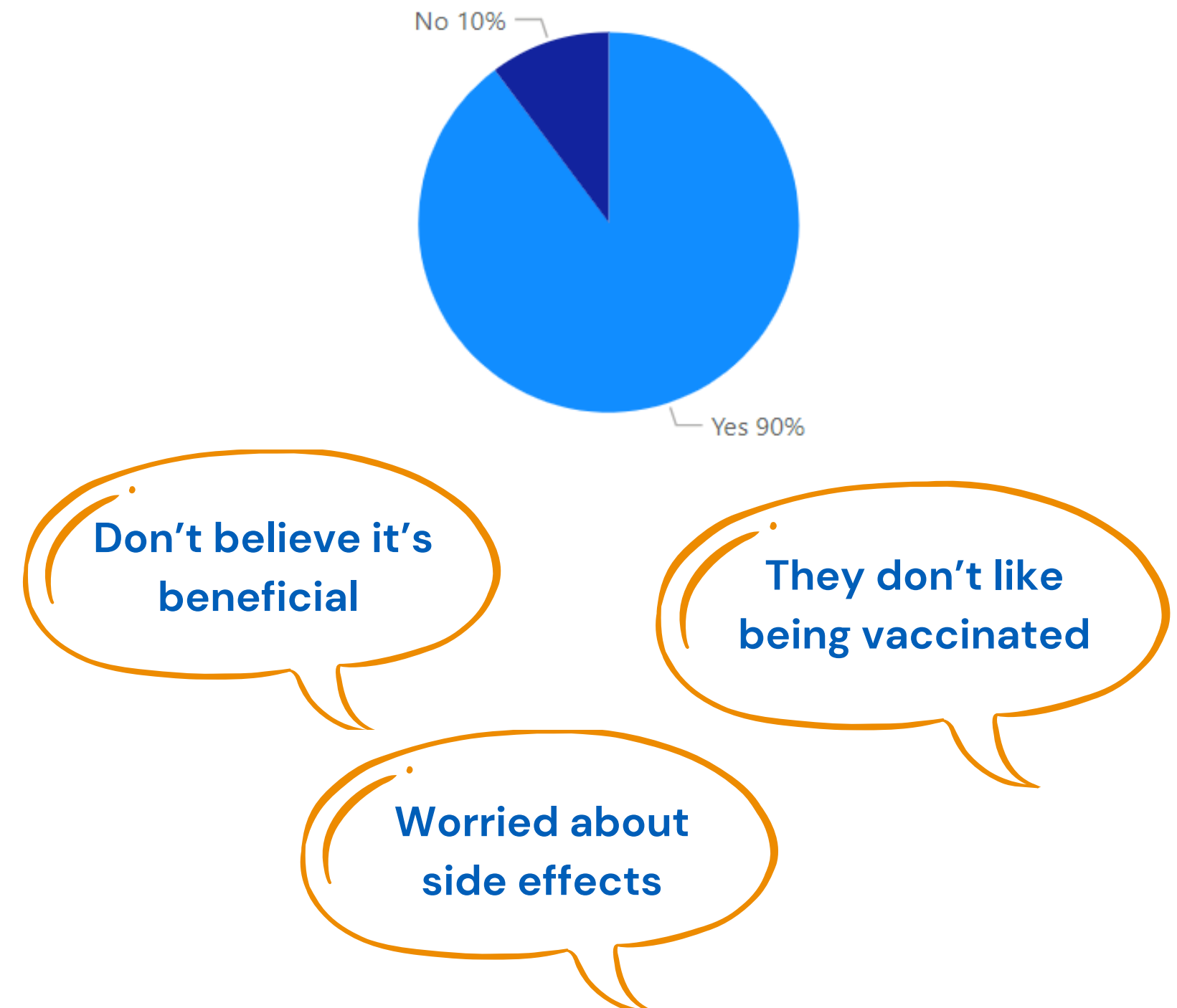
I don't believe in the evidence that being vaccinated is beneficial.



## Is someone you care for eligible for the free flu vaccination?



## Will they take up the offer for a free flu vaccination?



# Flu Vaccination

**Flu isn't just a heavy cold.**

Flu occurs every year, usually in the winter, which is why it's sometimes called seasonal flu. It's a highly infectious disease with symptoms that come on very quickly.

The flu vaccine is given for free on the NHS to:

- those aged 65 years and over
- those aged 6 months to under 65 years in clinical risk groups
- pregnant women
- all children aged 2 or 3 years on 31 August 2023
- school-aged children (from Reception to Year 11)
- those in long-stay residential care homes
- carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person
- close contacts of immunocompromised individuals
- frontline workers

The flu vaccination is available from autumn 2023 onwards. You will be invited to book a vaccination appointment at around this time, but please contact your GP practice or local pharmacy if not.

**For more information about seasonal vaccinations and winter health please visit:**

<https://www.nhs.uk/live-well/seasonal-health/keep-warm-keep-well/>

# Online Community Panel

The Frimley Health and Care Online Community Panel is one way of ensuring local people and communities are at the heart of our decision making.



## Share your views

- Tell us what you think about local health and care services
- Help us test our assumptions
- Share your ideas for improvements
- Tell us what works and what doesn't



## Stay informed

- Keep up to date with local health and care news
- Learn more about local services
- Feel informed to share important news with friends and family



## On your terms

- Share your views at a time that suits you
- We'll only contact you via email
- Choose to get further involved if you'd like to
- Unsubscribe at any time

We are actively recruiting to the panel - scan the QR code or visit the website to register. Please share this opportunity with colleagues, friends and family.

<https://secure.membra.co.uk/Join/FrimleyPanel>

SCAN ME

