

# Get help from your GP practice team

**Your local GP practice team can now provide more holistic care.**

You may be supported by a GP, nurse or another colleague when you contact your surgery depending on who has the best expertise to help you.

Read more at [frimleyhealthandcare/gethelp](http://frimleyhealthandcare/gethelp)



Your  
local  
health team  
We're here  
to help

